

TAKE A POLAR BEAR PLUNGE ON NEW YEAR'S DAY!

In _____ climates, people _____
(adjective) (verb)
the new year with a _____
(Adjective) (Animal)
Plunge. In the _____ Hemisphere, where
(Adjective)
it is _____ outside, the goal
(adverb) (adjective)
of this _____ is to _____ in the icy
(noun) (verb)
_____ water on a _____ winter's
(adjective) (adjective)
day. Many people in the U.S. and _____
(place)
do a _____ plunge to
(adjective) (animal)
_____ money for charity. The _____
(verb) (noun)
is so _____ that people don't _____ in for
(adjective) (verb)
very long; in the _____ of winter, just
(adjective)
_____ in the _____ for a few
(verb -ing) (noun)
seconds is a _____ challenge!
(adjective)

